



1992-2017

UDP provided services to
9 regions of Ukraine



\$2.7 million in diabetes
supplies provided

More than 4,700 children
given medical supplies
and educational classes



Thank you to all those who have contributed to the efforts of the UDP over the past 25 years. A heartfelt “thank you” from all the children who have survived and gone on to live fuller lives because of you.



Ukrainian Diabetes Project

2615 Rain Dance Way

Santa Rosa, CA 95407



YOU CAN MAKE A DIFFERENCE AND SAVE LIVES • UNTIL THERE IS A CURE, THERE IS EDUCATION

Ukrainian Diabetes Project

CELEBRATES

25 Years



See photos of the children
then and now
and hear their stories...



Ukrainian Diabetes Project
a humanitarian aid program

Below: Tanya at age 16.
Right: with her husband
and two children, 2017.



meet Tanya

... I live in Kyiv now. I've got married and given birth to two children. Our elder daughter turns four in a week and our younger daughter is only 5.5 months old. UDP was a great project and personally for me, it definitely had a life-changing impact. I was 14 when I joined and I am 38 now. I grew up, got two degrees, I was active in sports, traveled around, got my family and two children (special thanks to God for this!). And the role of you and your project in this is crucial. I got access to the high-quality insulin (as compared to what we used in those times in Ukraine). I got to know that 300 is not "your normal blood sugar because you have diabetes" as I was told by the doctors and I thank you, your team and my trip to US. I realized that children with diabetes were not "doomed and had no normal future" as we were told in Ukraine. Even many years after when I got pregnant with my first baby (it was 16 years ago and I lost that child) and I came to the chief endocrinologist, she told me to go for abortion just because I had diabetes and pregnancy would kill me, and women with diabetes were not allowed to have children. (I wasn't even suggested to do any tests or check-ups). It was quite a challenge to overcome all those stigmas. . . (Excerpt from Tanya, email 2017)



Above: Taras with his wife and
two children, 2017. Left: Taras at
age 10 with his mom and dad.

meet Taras

Taras and his parents drove two hours to attend the educational diabetes classes in Cherkasy. As a grown man, he became a proud father of two children and lives in Kyiv. His parents are extremely grateful for the help of the Ukrainian Diabetes Project (UDP). In fact, they were most gracious hosts who opened their home to accommodate the UDP team during our many trips to Ukraine.

meet Volodya

Volodymyr (Volodya) Boyko was born in 1988 and has had Type 1 diabetes since the age of 8. He graduated from the National Medical University, and now is an Endocrinologist at Kyiv City Clinic #7. Volodya is married and his spouse also has had type 1 diabetes since the age of 10. Their daughter Victoria was born in 2014.



Above: Lena with her niece and nephew,
2017. Right: Lena at age 14



meet Lena

... I congratulate you all upon the jubilee year of the Ukrainian Diabetes Project. You helped me a lot teaching how to control and live with diabetes. Healthy food, correct insulin dose and doing lots of physical exercise—all the things you taught me then—I still use them now and feel quite comfortable about my life. You are doing a great job and I hope your Project will still help hundreds of unhappy children to manage the disease and change their life for the better. Wish you good luck and much happiness. Thanks you were all in my life. . . (Excerpt from Lena, email 2017)

Right:
Volodya
and family,
2017.
Below:
Volodya
at age 8

